

## Dr Oseka Onuma

LASER VAGINAL REJUVENATION  
INSTITUTE OF ADELAIDE

### Q&A WITH DR ONUMA

#### HOW DO YOU PUT YOUR PATIENTS AT EASE?

Patients will only begin to feel at ease if they sense that you are on their side and that what they have to say is important. Thus I listen to my patients without judgement and ask without hesitation questions that are of an intimate nature. I explain why the responses to my questions are important and how they might impact on the options that I offer them.

#### WHAT IS THE MOST SATISFYING ASPECT OF YOUR WORK?

Watching a patient who attends my practice with her head low and her spirit demoralised leave the practice at the end of her treatment with her head held high, striding out with regained confidence and happiness.

### PROCEDURES PERFORMED

Female urinary incontinence, female pelvic organ prolapse, labia minora and majora reconstructive surgery, Laser Vaginal Rejuvenation®, Designer Laser Vaginoplasty®, minimal access and laparoscopic surgery.

### LOCATION

**Adelaide**  
4 Robe Terrace  
Medindie SA 5081  
Phone 08 8344 6085

### EFFECTIVE SOLUTIONS FOR INTIMATE PROBLEMS

Pelvic and vaginal surgical rejuvenation or correction can transform a woman's life. Procedures performed by Dr Onuma can enhance sexual gratification, improve the look and function of labia, cure urinary incontinence, restore pelvic support and resolve menstrual dysfunction. "Women can feel fearful or embarrassed to seek treatment for gynaecological issues that cause great distress," says Dr Onuma. "After surgery, many of my patients say they wish they had done something many years before. Ultimately, every individual has to get to a point at which they feel their problems are not getting any better and are often getting worse. Being afraid, being embarrassed is part of our humanity. However, embarrassment and fear are not what we are. Talk, seek help and write down how your symptoms bother you. Don't accept no for an answer and don't put up with being patronised with comments such as 'there, there, it's part of being a woman'."

**“I strive to improve the quality of life of women”**

DR ONUMA IS AN INTERNATIONALLY RECOGNISED URO-GYNAECOLOGIST AND PELVIC RECONSTRUCTIVE SURGEON SPECIALISING IN FEMALE SEXUAL FUNCTION SURGERY. HIS ETHOS OF 'LOOKING GOOD, FEELING BETTER' REFLECTS HIS DEDICATION TO IMPROVING BOTH THE APPEARANCE AND FUNCTION OF THE FEMALE PELVIC STRUCTURES USING ADVANCED MINIMAL-ACCESS SURGICAL TECHNIQUES.

### MEET THE EXPERT

## Dr Oseka Onuma

BSc, MJur, MBBS, FRCOG, FRANZCOG.

Laser Vaginal Rejuvenation Institute of Adelaide



#### MEMBERSHIPS

- Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists
- Fellow of the Royal College of Obstetricians and Gynaecologists (UK)
- International Urogynaecological Association
- British Society of Urogynaecology
- The Urogynaecological Society of Australasia
- Associate of the Laser Vaginal Rejuvenation Institute, Medical Associates Inc. USA.

#### ABOUT DR ONUMA

Not only has Dr Onuma operated on patients from every state in Australia, but also on patients who have travelled from the USA, UK, New Zealand, China, Hong Kong, Macau, India and Saudi Arabia. Having trained in the UK in obstetrics and gynaecology, he gained a Certificate of Specialist Training, accrediting him as a specialist in this field within Europe. His early training in female urinary incontinence took place in Birmingham, UK, before he went on to do a fellowship in Adelaide, Australia in minimal-access urogynaecological and pelvic reconstructive surgery. Finding that little attention was paid to the physical aspect of female sexual function related to pelvic organ prolapse, Dr Onuma trained in Los Angeles, USA, with Dr David Matlock, the pioneer of laser vaginal surgery. Dr Onuma's advice regarding sexual function and labial surgery is now sought by specialists as far afield as the UK, USA and South Africa. He enjoys teaching at all levels and has been engaged as a preceptor and speaker by several international companies.

Visit the website at [www.dronuma.com](http://www.dronuma.com)

View the full professional listing online at [www.youngeryou.com.au/dr-oseka-onuma](http://www.youngeryou.com.au/dr-oseka-onuma)